

Our Program

Road to Resilience is a grant funded program that promotes strengthening through family engagement and empowerment. This program offers support to mothers of children one year or younger and pregnant mothers who struggle with substance addiction. Our navigators work closely with the participants to identify and establish custom services that support safety and well-being. This is a voluntary program.

Who We Are

The Road to Resilience Program includes navigators from Tuolumne County Department of Social Services, Raising Healthy Families-Infant/Child Enrichment Services (ICES), and Tuolumne Me-Wuk Tribal Council Department of Social Services. Our team includes navigators from each agency who collaborate with local resources to assist in strengthening the family in order to support long term resilience.



Get In Touch

Tuolumne County Department of Social Services Navigator

P: 209-768-4279

ICES Navigator

P: 209-425-4105

Native Services Navigator

P: 209-459-0223



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"The greatest glory in living lies not in never failing, but in rising every time we fall."-Nelson Mandela

Contact us to see what the Road to Resilience Program can offer you!

Phone: (209) 533-5752

Cell Phone: (209) 768-4279

Fax: (209) 533-5742

105 Hospital Road

Sonora, CA 95370

Our mission is to help families in our community build resilience. Our goal is to preserve families and maintain a safe place for children to grow.



Resilience is a process and a staircase. you might be on step four of the staircase, and I might be on step one, but we can both keep moving up the staircase so that our resilience levels will hopefully exceed the rising tide of stress.

-Glenn Schiraldi (2017)

Key Services

- Home visiting
- Recovery Services
- Assistance with connecting to resources
- Parenting education, including the Nurtured Parenting Program (NPP)
- Seeking Safety Support Groups
- Custom built goal setting
- Family advocacy
- Limited transportation assistance

*Native Specific Services are available



The services in our program are tailored to each family's needs.

Participants are given the opportunity to earn incentives and rewards as they progress through the program. Call us to see what the Road to Resilience Program can do for you!



Examples of items provided for our participants may be:

- car seat
- baby stroller
- baby supplies
- children's books
- grocery gift card
- gas card